



**Influenza Vaccine**

Smith Medical Clinic has been giving out free flu shots since the beginning of flu season. Those who are wanting a flu shot can come in at any time during clinic hours without an appointment.



# Smith Medical Clinic, Inc.

Helping our community by helping each other.

December 2014

## Seasons Greetings!

The holiday season is here and we are getting ready for more exciting events at Smith Medical Clinic. In this newsletter, we want to showcase once again another successful patient's story and one of our many volunteers. We hope you enjoy this letter from our Executive Director, Anne Faul, as well as our most up-to-date list of our Patient Partners. We can never thank our Patient Partners enough for what they do.



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### *A Letter From Our Executive Director*

This is the time of year when families and friends gather to appreciate each other, to reflect on the past year and to share their hopes and wishes for the coming year. This is also a time to express gratitude to those who make a difference in our lives and the lives of others.

In 2014, Smith Medical Clinic has been truly blessed with many opportunities to serve, collaborate and celebrate! First of all, I must recognize the nurses, providers and administrative volunteers that are the heart and soul of Smith Medical Clinic. By the end of the year, our volunteers will have cared for more than 2,000 of our most vulnerable neighbors. Under the leadership of the most amazing volunteer in the world, Medical Director Dr. Carl Fisher, these caring and talented volunteers provided specialty care such as physical therapy, pulmonology and orthopaedic care in addition to primary and preventative care for those in need. I am continually inspired by the skill, dedication and compassion these volunteers demonstrate every day.

Another big "thank you" goes out to Michael and Janice Coward and an incredible group of volunteer ophthalmologists. Through their generosity, the Coward Family Vision Center at Smith Medical Clinic screened

more than 150 people for glaucoma, cataracts, diabetic retinopathy and other vision issues. Over half of the patients required prescription eyeglasses and eighteen patients received sight-saving treatment for serious issues discovered during these screenings. One patient told me that after cataract surgery restored his sight, he was so overcome with emotion that all he could say was "Alleluia!" over and over again.

Another big "thank you" goes out to volunteers Larry Bertolucci and Denise Patrick. Through their efforts, our patients received state-of-the-art physical therapy treatment throughout 2014. Their excellent results in relieving pain and restoring movement have far-reaching impact. As one patient put it, "I'm able to rejoin the human race! After these treatments, I can take care of my family, keep my job, and even help at my church again."

I am also thankful for our collaborative partners in Georgetown County. Tideland Health (formerly Georgetown Hospital System) provides patient support unsurpassed by any other hospital system in South Carolina. Agencies such as Neighbor to Neighbor and Assisted Rides who provide transportation to medical appointments and Georgetown Community Care Network and Helping Hands who provide case management and all the agencies involved with the Human Services

Collaborative are dedicated to caring for the patients we serve and helping them move towards self-sufficiency. They are essential to the well-being of the patients we serve.

We also found plenty of ways to celebrate our mission with the community! Our annual Gala at Frank's Outback, so generously provided by Woofie and Salters McClary and their staff, continued a tradition of elegant early springtime fun and success this year. A golf tournament organized by Alan Mead, Anne Hardee, Adam Kirby and the folks at Bistro 217 gave 150 golfers a great day of golf, lots of laughs and good food. Our collaborative yard sale/bazaar with the Holy Cross Faith Episcopal Women raised money for the clinic and other non-profits. Shoppers enjoyed browsing for bargains while dining on perleau provided by the Sherriff's department. Patient Partners, our annual giving program, continues to grow by leaps and bounds and we are gratified by the level of engagement demonstrated by those supporters.

I thank all our donors and supporters for their generosity and for helping us in our mission to provide quality medical care for those who need care and can't afford it. I wish each of you a very happy holiday season and an incoming year filled with peace, joy and prosperity.

## Smith Medical Clinic Yard Sale Raises \$3,000!

Smith Medical Clinic held another successful annual yard sale on Nov. 8. Thanks to generous donations of household items from the community, and a group of energetic and enthusiastic volunteers, we raised over \$3,000—enough to provide complete medical care for 3 families for 1 year!

A new feature this year was the availability of a chicken perleau lunch prepared and donated by Sheriff Lane Cribb.

Shoppers purchased lunch and mingled through the yard sale as they ate the delicious meal.

“I had the occasion to visit Smith Medical Clinic recently and when I realized what all of the volunteers there do and how dedicated they are,” said Cribb. “I just wanted to do something to help them help other people.”

Sheriff Cribb’s donated meal certainly did help. Holy Cross Faith Memorial Episcopal

Church Women’s Group also had their bazaar on the same day. They sold jewelry, plants, and baked goods to benefit local charities.

Check out pictures from the big day online at coastalobserver.com’s photo gallery for November 11, 2014.



**“I have to thank the people who fund this. Without the clinic, I know I wouldn’t be here today.”**

## Patients: Stories of Success

When Anthony Spinnato was laid off from his job at AVX eight years ago and needed medical attention, he turned to us at Smith Medical Clinic.

“Look, I got sick. It was July and my sugar was 598 and I had a stroke,” said Spinnato.

With guidance from health care providers at SMC, Anthony is taking responsibility for improving his health. So far, Spinnato has lost 34 pounds by watching what he eats. He tries to eat less than 100 grams of carbohydrates and 1,800 calories a day. His sugars

have come down from 598 to 198. Although proud of the weight he has already lost, Anthony still intends to lose 100 more pounds.

Anthony had a few encouraging words for those who want to get on the right path of good health.

“Determination. It’s a mindset. Keep on the straight and narrow. Can’t fall back.”

Anthony is so thankful for nurse practitioner Gail Smith and diabetic educator, Mary Clay’s guidance concerning diabetes and his

overall health. He is also thankful for the people who make this Clinic possible.

“I have to thank the people who fund this. Without the clinic, I know I wouldn’t be here today.”

Anthony also spends a great deal of his time to give back to the community. He does an annual Breast Cancer Motorcycle Ride and a coat drive called Coats for Kids. We are happy our patient Anthony Spinnato is continuing to improve his life while improving the lives of others.



## Volunteer Spotlight

We are so grateful to have Spanish-interpreters among our volunteers as Georgetown County’s Spanish speaking community continues to grow.

Sam Raley is a volunteer receptionist and one of three Spanish interpreters who assist Spanish-speaking patients in the clinic. Raley learned Spanish growing up in Spain where her father

worked as a missionary. At 19, she returned to Myrtle Beach, SC.

A couple of years ago, Sam heard about Smith Medical Clinic from a friend of hers who works with her husband. She’s been volunteering her time here since then.

Sam Raley does have one problem with her time at the clinic. “I can’t be here enough,” says Raley as she

organized patient’s file from earlier in the day. However, Spanish-speaking patients quickly learn when our interpreters are available and schedule accordingly.

From patients to staff and volunteers, we thank Sam Raley for her talents and skills from the bottom of our hearts.

## Patient Partners

Patient Partners is our annual support program. The program dramatically and directly improve the lives of those in need *right here in our community*. For just \$250, a low-income, uninsured Georgetown County will have medical care at Smith Medical Clinic for a complete year. **Thank you to our current Patient Partners:**

### Charter Members

Henry "Grady" Adkins  
Bruce & Elizabeth Bailey  
Perry & Lisa Collins  
Michael & Janice Coward  
John Fanning  
John & Anne Faul  
Mike & Carol Finley  
Gaylord & Dorothy Donnelly Foundation  
Pat & Patsy Givens  
Robert Johnson  
Morgan Lowry  
Denise Patrick  
Carol Rahter  
Kathleen Raynor  
Gayle Resetar  
Rob & Susan Ruark  
Laurie Russell  
Scott & Lynn Sherrill  
Claudia & Harold Stowe  
Richard & Amy Webb  
Dale & Mary Witt

### Annual Members

Get Carried Away, LLC  
Shred Alert  
Pawleys Island Bakery  
Mr. & Mrs. Alex Barron  
John L. Bartha  
Wendy W. Belser  
P.E. Bowers  
David & Barbara Brewer

Nancy Bride  
Lissa Byrd  
Jennifer Campbell  
Nancy Kauzor Cave  
James Christian  
Georgetown Presbyterian Church  
St. Paul's Waccamaw  
United Methodist Church  
St. Peter's Luthern Church  
St. Peter's Luthern Church WELCA  
Dreema Clarke  
Carolina Dry Cleaning  
Julia Cripps  
Dorothy D'Ambresio  
John & Rosemary Darrow  
Douglas & Judy Decker  
Elizabeth Taylor Satterfield Interior Design  
Kimmie & Tucker Dieter  
Richard & Car Drummond  
Anne Duncan  
Daniel & Libby Ellenburg  
Natalie Erhard  
Joseph Fee  
Steven Graf  
HCFM Episcopal Women's Group  
Waccamaw Seamless Gutters  
Dee & Maureen Hamilton, Jr.  
Gerry & Linda Harmon  
Robert D. Harper  
Cynthia Harris

Deb Harris  
John Hatchell  
Dr. & Mrs. James Hentz  
Oma Hodges  
Keith & Anne Hoile  
Neal & Paula Holmes  
Frederick Leuthauser & Kathleen Hughes  
Judy & Ron Ingle  
Glen & Libby Insley  
Betty & Henry Jobe, Jr.  
Lucille Jones  
Rick & Becca Kaylor  
Jane Keesler  
Jim & Cissy Knapp  
John & Marlene Konsek  
Theo & Janet Krapels  
Creative Landscape, Inc.  
Waccamaw Landscaping  
Nancy LaPrade  
Bob & Cindy LoCasale  
Elk Lodge 900  
Don & Flo Mabe  
Chet & Diane Maslowski  
Lisa Meares  
Curtis McCain  
Charlotte & Henry Moore  
Elise Moore  
Richard & Sandra Moore  
Clint & Val Myers

Dr. Teresa Nolan  
James & Ginger Odom  
Sean & Lisa Phelan  
Clarence Pioth  
Michael & Barbara Pipkin  
Samuel & Crandell Plexico  
Odile Postic  
Michael & Jeanne Quinn  
Georgetown Radiology  
Dick & Carolyn Riley  
Christina Roberts  
Martha Rothrock  
John & Geales Sands  
Margaret Sands  
Regina Shapiro  
Dickie & Sam Smith  
Greg & Marsha Smith  
Becky Sparrow  
John & Patricia Steigerwald  
David & Carol Streeter  
Georgetown High School  
National Honor Society  
John E. Taylor  
Mike & Jill Thomas  
Holly Watts  
Martha White  
Bill & Peggy Wilson  
Alice "Bunny" & George Zilling

**In Loving Memory:**  
**Tinker Rybolt**  
**Melvin G. Nauss**

## How You Can Get Involved With Smith Medical Clinic

### Refer a Patient

Smith Medical Clinic is accepting new patients who meet the following requirements:

1. Georgetown County Resident
2. Has no medical insurance, Medicaid or Medicare
3. Household income 200% or below the federal poverty level.

### Volunteer

Smith Medical Clinic is looking for volunteers to help care for our patients. Right now, we especially need volunteer nurses of all backgrounds and skill levels.

Please contact volunteer coordinator, Dina Wells  
[dwells@smithfreeclinic.org](mailto:dwells@smithfreeclinic.org)  
or

843-237-2672x114

### Support Smith

Every \$1 donated generates nearly \$10 in health care service at Smith Medical Clinic.

Please, become a Patient Partner and help provide medical care for our patients.

For more information, contact Smith Clinic or visit our website  
[www.smithfreeclinic.org](http://www.smithfreeclinic.org).

## Welcome Our New Volunteers!

Thank you to our new volunteers. We hope they are enjoying their time here at SMC!

Dolores Brigman, RN  
Shakena Burgess  
Maria Calabro, RN  
Roma Chandool  
Ida Corbitt  
Maggie Dunlap  
Bonnie Gilman, RN  
Trava Hendrix, data entry  
Ellen Higgins, RN  
Dianne Lykins  
Lynne Merritt, data entry  
Cathy Monnick, RN  
Cathy Nelson, RN  
Tina Nelson, RN

Smith Medical Clinic, Inc.  
116 Baskervill Drive  
Pawleys Island, SC 29585

Smith Medical Clinic was established in 1985 by Dr. Cathcart Smith and his wife, Nancy in an 8-foot wide trailer with office and medical equipment from Dr. Smith's former medical office. Initially, Dr. Smith recruited five retired doctors and a dozen nurses to volunteer at the Clinic. This volunteer model has become a Smith Clinic tradition. Today, our volunteers, aided by a small part-time staff and financial support from our community, provide complete medical care for over 2,000 low-income, uninsured, Georgetown County residents a year for less than \$250 per patient per year.



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